



News You Can Use

Comprehensive Services

- ◆ 100% Physician Only Injury Care
- ◆ Job-Related Injuries & Illness
- ◆ Physical Examinations
- ◆ DOT Mandated Services
- ◆ Medical Review Officers
- ◆ OSHA & MIOSHA Examinations
- ◆ Drug & Alcohol Screening
- ◆ HazMat Examinations
- ◆ Sports Medicine-Based Therapy
- ◆ Independent Medical Evaluation
- ◆ Hepatitis Immunizations
- ◆ Flu Vaccines
- ◆ Sports Medicine
- ◆ On-Site Services
- ◆ Laboratory Services

Michigan's Largest Employment Services Companies Depend on MED-1

The demand for temporary employees is rising according to the Bureau of Labor Statistics (www.bls.com). And, so are the challenges of hiring, training, and managing a growing staff of resources.

The employment services industry provided 3.7 million jobs in 2006:

- ✓ 40% in production, transportation, and material moving occupations;
- ✓ 24% in office and administrative support positions; and
- ✓ 20% in professional, management, financial, and sales.

Employment Services companies provide workers to other businesses to support or supplement their workforce for a short or long period of time. Because the personnel are employed by the staffing agency, they usually receive their pay and occupational health from their employment agency while working for another company.

Despite the challenges of managing a large and diverse workforce, employment service companies have out-performed the private sector with annual injury and illness rates just over 3% in 2006.

"Managing the health and safety of a large volume of

workers in many locations is challenging," says Becky Huffman, Gill Staffing's chief financial officer. Gill has relied on MED-1 for over four years because of their dedicated focus on occupational health.

"I count on easy access to MED-1 physicians and staff for first-hand communication to resolve issues related to pre-employment screening or injuries," says Becky.

Manpower Inc., a Fortune Global 500 company has been an expert in the world of work for over 50 years and a MED-1 client for over ten years. Manpower focuses on prevention and education as the best tools for health and safety for both employers and employees. "Workplace safety is a top priority at Manpower, and we work diligently with our customers to ensure that together we create safe environments that foster health and productivity, said Jill Momber, Vice President/Regional Director for Manpower Inc.

"We have had a successful safety and return-to-work program for years and MED-1 has always been considered a valuable business partner for Manpower."

Adecco, a Fortune Global 500 company and the global leader in Human Resources services,

focuses on their vision of "better work, better life" with the help of MED-1 for occupational health services.

Adecco is conscious of their global role as a business that positively impacts millions of people every year. "Great employees deserve great benefits," says Laura Nienhuis, Adecco Client Program Supervisor for Herman Miller Holland/Zeeland. "Our relationship with MED-1 is a key component in encouraging health and safety for our employees on-site at Herman Miller."

Kelly Services has also maintained a leadership position through the years based on a valuable premise - "We invest in people".

"With MED-1 on our team, we'll continue to meet the evolving challenges of staffing solutions for Michigan companies," says Deanna McKie, Kelly Services Grand Rapids Senior Supervisor .

As the unique needs of the employment services industry continues to evolve, MED-1 is on the job supporting the largest companies in West Michigan.

Occupational Health System

Personal Service...Professional Results

On Site Services Make a Case for Savings

Injured employees and their required healthcare can be both costly and time consuming. Medical expenses, rising workers' compensation costs, lost productivity, and disability settlements all contribute to an eroding bottom line.

MED-1's on site services may be a short or longer term, cost effective option for your company.



A program is set-up and managed to fulfill a one-time need or ongoing services from a few hours a week to a full-time corporate medical team depending on your occupational health needs for wellness, medical, or any combination of services.

Companies who use MED-1's corporate services enjoy many advantages, such as having 20 years of occupational healthcare experience on site;

comprehensive wellness programs; and a substantial reduction in travel time.

Your team can include physicians, certified occupational health nurses, medical assistants, physical therapy, case manager and wellness coordinators.

How do you know if MED-1 on site services are a viable option for your company?

The case for savings for your company could include:

- ✓ Reduced workers' compensation costs
- ✓ Increased productivity due to convenient access to services.
- ✓ Less visits per injury case.
- ✓ Convenient access to health and wellness clinics.

For more information on MED-1's On Site Services, contact Mary Alice Ehrlich at 616.459.1560 or maehrlich@med1services.com

MED-1 Onsite Services:

Injury Care

- Initial Injury Care
- Follow up Visits
- Return to Work Management
- Disability Management
- Case Review and Management

Preventative Healthcare

- Post-Offer, DOT, Periodic, Return-to-Work, Fitness and other Physical Exams
- Immunizations, Screenings, and Health Checks
- Respirator and Other Personal Protective Equipment (PPE) Testing
- Job Site Assessments
- Consultation with Plant Health and Safety Personnel

Education and Training

- Wellness/Exposure Management Programs and Training
- Leadership Educational Programs
- Accident/Injury Prevention Programs
- Customized Educational Programs
- Safety, First Aid, AED/CPR Instruction
- Job and Worksite Coaching

MED-1 Enhances Radiology Services



A newly enhanced radiology system at MED-1 will provide noticeable benefits for our employer companies and patients.

The new system uses digital imaging so the x-ray process is much quicker and the images can be examined and manipulated by the technician before they are saved which lowers the need to retake images.

The Picture, Archive, Communication, System (PACS) stores the digital images so they are sent automatically for interpretation, drastically shortening the time it takes to get a report.

The digital format and storage allows MED-1 physicians, staff, and specialists to view images in a secure environment eliminating the need to transport films for viewing. When a copy is needed, the images can be saved on a DVD and viewed on any standard computer.

The Leonard clinic system will be operational soon with Breton and Holland to follow. MED-1 is excited about this new enhancement which will allow us to provide better healthcare to your employees.

Clinical Excellence at MED-1: MED-1 vs. ER for Workplace Injuries

At MED-1 you can expect:

- ✓ Physician-only injury care.
- ✓ 20+ years of experience.
- ✓ Objective referral services.
- ✓ Health and wellness programs.
- ✓ Customized, web-based reporting.
- ✓ On-site specialized clinics, wellness and medical services.

You might initially think the hospital emergency room is the best place to send your injured workers, but think again.

Although the ER is the right choice for critical injuries and life threatening situations, MED-1 occupational health physicians are trained to treat most workplace injuries more quickly and efficiently. Our

physicians treat the injury AND address the factors that may accompany the accident such as substance abuse, workplace hazards, and infection control. We also deal with the workers' compensation and related legal and regulatory issues often related to the incident. We get your employees back to work quickly with follow up care including physical therapy and specialist referrals when needed.

Despite the long wait times in the ER (averaging 4-6 hours), your employees may not receive the immediate or long term care needed. And, the follow up may create an administrative nightmare of costs, lost work time, and recordkeeping.

Wouldn't you rather send your injured workers to the experts in occupational injury care?

The Journal of the American Medical Association defines occupational medicine as

"a specialty field of medicine concerned with the appraisal, maintenance, restoration, and improvement of the health of the worker through the application of the principles of preventive medicine, emergency medical care, rehabilitation, and environmental medicine".

The American College of Occupational and Environmental Medicine



(ACOEM) requires the following competencies for MED-1 physicians:

- ✓ Clinical Occupational and Environmental Medicine
- ✓ OEM Related Law and Regulations
- ✓ Environmental Health
- ✓ Work Fitness and Disability Integration
- ✓ Toxicology
- ✓ Hazard Recognition, Evaluation and Control
- ✓ Disaster Preparedness and Emergency Management
- ✓ Health and Productivity
- ✓ Public Health, Surveillance, and Disease Prevention
- ✓ OEM Related Management and Administration

The bottom line is your employees will receive faster care, a more accurate diagnosis, and efficient follow up care when you choose MED-1 for your non-life threatening workplace injuries and illnesses.

Our physicians and clinical staff are specially trained in occupational medicine to understand the many nuances of work-related injury care and return-to-work issues. MED-1 also provides post-accident and post-injury substance abuse testing, which is a component of many companies' injury care protocols.

If you are not currently taking advantage of MED-1 injury care, give us a try. There is no contract needed and our physicians are available 24/7/365 at our Leonard clinic.

For more information on injury care at MED-1, contact Mary Alice Ehrlich at 616.459.1560 or maehrlich@med1services.com or Lynn Robinette at 616.915.7935 or lrobinette@med1services.com.

When to use the ER:

- ✓ Chest or abdominal pain
- ✓ Uncontrolled bleeding
- ✓ Sudden or severe pain
- ✓ Fainting, unconsciousness
- ✓ Coughing or vomiting blood
- ✓ Difficulty breathing
- ✓ Changes in vision, trouble talking
- ✓ Suicidal feelings



Occupational Health System

MED-1 Leonard
1140 Monroe Ave NW, Suite 150
Grand Rapids, MI 49503
Phone: 616.459.6331
Fax: 616.459.2569
24/7/365 Injury Care & Drug Screens
Physicals: M-F 7 am-11 pm, Sat 8 am-1 pm
Rechecks by Appointment

MED-1 Breton
4433 Breton Avenue SE
Kentwood, MI 49508
Phone: 616.281.6000
Fax: 616.281.6038
Services: M-F 7 am-6 pm
Physicals: M-F 7 am-5:30 pm
Rechecks by Appointment

MED-1 Holland
383 Garden Ave.
Holland, MI 49424
Phone: 616.494.8271
Fax: 616.494.8273
Services: M-F 7am-6 pm
Physicals: M-F 7 am-5:30 pm
Rechecks by Appointment

www.med1services.com

Schedule Your Flu Vaccine Clinics Now!

News You Can Use is a regular publication provided by MED-1 Occupational Health System and is designed to provide information on occupational health issues.

For more information on any topics presented, contact:

Mary Alice Ehrlich
616.459.1560
maehrlich@med1services.com

Or visit us on the web at:
www.med1services.com.

MED-1 is planning for a purchase of the vaccine to ensure competitive pricing for our employer companies. We also want to plan for resources to administer your on-site immunizations.

By offering health screenings, such as on-site flu vaccinations, you can initiate a quick and easy way to reduce absenteeism and loss of productivity for your company.

If you are interested in providing flu vaccines to your employees, please call us as

soon as possible to reserve supplies for your needs and to schedule your on-site flu clinic.

MED-1 will administer flu vaccine immunizations at your company site for:

- ✓ \$25/person
- ✓ Plus \$40/hour (7 am-5 pm) \$45/hour (5 pm-7 am)
- ✓ Quantity discounts available

No payment is required at this time, but we want to prepare for your needs and preferred immunization schedule.

To reserve your flu vaccine needs for Fall 2008 or to schedule a flu clinic, contact:

Debbie Parrish
Leonard & Breton
616.459.1562

Shanna Beltman
Holland
616.494.8271