

Wellness @Work

Fall 2010

CSA 2010—Frequently Asked Questions

Studies show, a small segment of the Commercial Motor Vehicle (CMV) driver population is involved in a disproportionately large number of crashes. For this reason, the FMCSA expanded its approach to identifying and addressing unsafe drivers during interventions with motor carriers. CSA 2010 is designed to meet one overriding objective: to increase safety on U.S. roads with a strong message that drivers and carriers with poor safety performance histories need to improve.

What is the enforcement process?
New tools enable Safety Investigators (SIs) to identify drivers with poor safety histories who work for carriers identified as requiring a CSA 2010 investigation. If the investigation results verify the driver violation(s), FMCSA may issue a Notice of Violation (NOV) or a Notice of Claim (NOC).

What type of data is being reviewed?

The program focuses on enforcement for serious rule violations, such as:

- ✓ Driving while disqualified.
- ✓ Driving without a valid commercial driver's license.
- ✓ Making a false entry on a medical certificate.
- ✓ Committing numerous hours-of-service violations.

Do tickets or warnings while operating personal vehicles impact the new SMS?

SMS only uses violations of FMCSA's regulations which only apply to people driving large CMVs. In measuring on-road safety performance, SMS uses all safety-based violations documented at roadside inspections as well as state-reported crashes.

Will CSA 2010 assign safety ratings to individual CMV drivers?

Individual CMV drivers will not be assigned safety ratings or Safety Fitness Determinations (SFDs).

Consistent with the current 49 CFR part 385 regulations, individual drivers who operate independently as a "motor carrier" (i.e. have their own USDOT number, operating authority, and insurance) are rated as a motor carrier, following an onsite investigation at their place of business.

What is the Pre-Employment Screening Program (PSP)?
PSP is a new FMCSA program mandated by Congress. It is designed to assist the motor carrier industry in assessing individual operators' crash and serious safety violation history as a pre-employment condition. The program is voluntary and is not part of CSA 2010. For more information about PSP, visit FMCSA's PSP website at www.psp.fmcsa.dot.gov.

What is the process for drivers to contest information contained in their FMCSA driver records?

Drivers should use FMCSA's DataQs system to make a Request for Data Review (RDR):

Go to dataqs.fmcsa.dot.gov/login.asp

Select "RegisterOnline" as a general public user

Create a DataQs account profile

Once registered, drivers can request a review of their data by following detailed instructions in the help menu.

MED-1 Services

Screenings

- Biometric
- Cholesterol
- Diabetes
- Colo-rectal cancer
- PSA

Specialized Programs

- Health risk appraisals
- Immunizations
- Smoking cessation
- Customized worksite programs
- Drug free worksite
- Special exams

Education

- CPR/First Aid training
- AED programs
- Wellness coaching
- Health fairs
- Wellness education

Incentive Programs

More information on what CMV drivers and DOT employers need to know about CSA 2010 is available in the Summer issue of MED-1 News You Can Use at www.med1services.com or visit

CSA2010.FMCSA.DOT.GOV.

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CSA 2010—What Drivers Need to Know

Comprehensive Safety Analysis 2010 (CSA2010) is a Federal Motor Carrier Safety Administration (FMCSA) initiative designed to improve the efficiency and effectiveness of enforcement and compliance programs.

What will CSA2010 accomplish?

- ✓ Reaching more CMV carriers earlier and more frequently.
- ✓ Improving the efficiency of carrier investigations by focusing on specific unsafe behaviors, identifying causes, and requiring corrective actions.
- ✓ Holding carriers and drivers accountable for their safety performance by demanding and enforcing safe on-road performance.



How will this change affect drivers?

- ✓ Identify and address unsafe carrier and driver behaviors that lead to crashes.
- ✓ All safety-based roadside inspection violations will count, not just out-of-service (OOS) violations.
- ✓ Drivers will be more accountable for safe on-road performance – good news for drivers with strong safety performance records.

What can drivers do to prepare for the change?

- ✓ Know and follow safety rules and regulations
- ✓ Check out web-based CMV safe driving tips at -



www.fmcsa.dot.gov/about/outreach/education/driverTips/index.htm

- ✓ Become knowledgeable about the new Behavior Analysis and Safety Improvement Categories (BASICS) and how FMCSA will assess safety.
- ✓ Review Safety Measurement System (SMS) and On-Road Safety Performance (BASICS) at - www.csa2010.fmcsa.dot.gov/outreach.aspx.
- ✓ Keep copies of inspection reports.
- ✓ Learn about your employers' safety records.
- ✓ Check carrier safety records online at ai.fmcsa.dot.gov/default.aspx
- ✓ Visit the CSA 2010 website and subscribe to the RSS feed or email list to stay up-to-date on news and information.

More Information...

You can also rely on MED-1 to provide more information on the latest DOT guidelines for your work environment. We see your employees every day and know how important health and safety is to you.

Contact Mary Alice Ehrlich at maehrich@med1services.com or Tammie Milligan at tmilligan@med1services.com.

Safety BASICS:

- ✓ Unsafe driving
- ✓ Fatigued driving
- ✓ Driver fitness
- ✓ Controlled substances
- ✓ Vehicle maintenance
- ✓ Cargo-related
- ✓ Crash indicator

Safe Driving Tips:

- ✓ Buckle up
- ✓ Adjust speed for conditions
- ✓ Be alert on unfamiliar roadways
- ✓ Adequate surveillance
- ✓ Avoid fatigue
- ✓ Eliminate distractions
- ✓ Don't follow too closely
- ✓ Prepare for evasive action



Wellness at Work is a informational publication provided by MED-1 Occupational Health System to facilitate health and wellness initiatives for employees.

For more information on any topics presented or to access additional copies of current or past issues, contact Tammie Milligan at 616.459.1570 or go to — www.med1services.com.