



Managing Workplace Injury

At MED-1 you can expect:

- Physician-based occupational injury and illness care.
- 20 years of experience serving organizations like yours.
- Objective physical therapy and referral services to the areas' leading specialists.
- On-site health and wellness education.
- Customized case management reporting based on your requirements.
- On-site specialized clinics, nursing and medical services.
- Individualized employer billing options.

Each day, thousands of U.S. workers are victims of workplace injuries. The result is billions of dollars in lost wages, decreased productivity, and increased medical costs.

As an employer, you want to protect and improve the health of your work force. When workers are injured, you want objective and fair evaluation of injury claims, and an efficient resolution to each case.

MED-1 uses an evidence-based approach to injury and illness care called case pathways to optimize clinician care by reducing variation, eliminating medical errors, and reducing costs. It is in the best interest of the patient, the employer, and the payor that the medical provider provides early

diagnoses, an appropriate treatment plan, and resolves the work-related injuries and illnesses.

The use of MED-1 case pathways in conjunction with appropriate follow-up scheduling, sports medicine based physical therapy, and transitional or modified-duty restrictions accelerates treatment and case closure.

The MED-1 physicians and staff use Pathways4, an innovative workflow technology, to document each patient's clinical visit in real time and create an electronic medical record. Pathways4 Case Management reports provide patient-specific information regarding visits, case status, and physician orders along with a full summary of all patient activity that is accessible via the web on demand.

When treating on-the-job injury and illness, MED-1 focuses on obtaining an in-depth history to determine the source of the illness or injury to determine if it is work related by:

- Assessing the patient's condition;
- Providing an early diagnoses;
- Producing an appropriate treatment plan for the individual including transitional work modifications;
- Communicating these findings and recommendations to the patient, the employer and other appropriate parties; and,
- Applying proactive process management to every case.

 MED-1 Occupational Health Systems 1140 Monroe Ave. Grand Rapids, MI 49503 Phone: (616) 459-6331 Fax: (616) 459-2569		Case Management Baymont Shipping 06/01/2006 - 07/15/2006							
Case#: 6789		OPENED on 06/28/2006		CLOSED on 07/04/2006					
Doe, Morgan (XXX-XX-1234)		DOI: 06/27/2006		Dx: Improving Strain-Sprain Right Ring Finger (842.13)					
Visit#	Date	MED-1 Location	Provider	Patient Statement	Orders	Restrictions	Referrals	Recheck Date	
1234	06/28/2006	Leonard	John Smith, M.D.	I was pulling a steel container and my right ring finger got caught on it. Now there is a little bit of numbness and tingling.	DS-7 (Drug Screen) X-Ray Right Hand - 3v	Limit work requiring grasping, gripping, squeezing of the right hand. No lifting greater than 5 lbs.	None	06/30/2006	
2345	06/30/2006	Leonard	John Smith, M.D.	My right hand is somewhat better, but it tingles at night	None	None	None	07/04/2006	
3456	07/04/2006	Leonard	John Smith, M.D.	My hand & finger is pain free.	None	None	None		
Total Visits 3		Total Case Days 6		Non Restricted Days 4		Restricted Days 2		No Work Days 0	



Occupational Health System

MED-1 Leonard
1140 Monroe Ave NW, Suite 150
Grand Rapids, MI 49503
Phone: (616) 459-6331
Fax: (616) 459-2569
24/7/365 Injury Care & Drug Screens
Monday-Friday 7am-11pm
Saturday 8 am-1 pm

MED-1 Breton
4433 Breton Avenue SE
Kentwood, MI 49508
Phone: (616) 281-6000
Fax: (616) 281-6038
Monday-Friday 7am-6pm

MED-1 Holland
383 Garden Ave.
Holland, MI 49424
Phone: (616) 494-8271
Fax: (616) 494-8273
Monday-Friday 7am-6pm

**Annual U.S.
Occupational Injury
Statistics**

- 1 Million Back Injuries
- 1 Million Eye Injuries
- 2 Million Lacerations
- 400,000 Fractures
- 21,000 Amputations
- 200 Million Lost Workdays
- All of the above add up to a cost of \$25 Billion!

Managing Workplace Injury (continued)

The timeliness of delivery begins with physician-based care for injured workers on a walk-in basis. The amount of time an employee is away from the job due to medical appointments is critical and MED-1 monitors time-in/time-out of each employee's treatment. The average time in our clinics is less than 90 minutes for initial injuries and less than 50 minutes for follow-up visits.

The availability of a MED-1 physician on a 24/7 schedule for injury and illness care provides each injured or ill worker the security of knowing their employer cares enough to provide around-the-clock care, regardless of the severity of the incident.

After-hours or on-call service is also available to facilitate prompt service, giving you greater control over the direction and cost of injury care.

Follow-up appointments are used to continually assess each patient's progress so you can evaluate options such as modified-duty programs. The use of follow-up visits also serves to focus all parties involved on the expected favorable outcomes in a timely manner.

Within MED-1, follow-up scheduling functions cooperatively with physical therapy, when prescribed, so patients receive no more than 3-5 physical therapy visits without a recheck.

This enables you to remain current with each patient's condition and to update or remove all duty restrictions when therapy is successful.

Introducing the patient to return to work programs by the use of transitional or modified duty is an equally important factor in determining success and case closure.

MED-1 physicians assess, document, and communicate each injured employee's restrictions to you and any other designated parties with each patient visit.

As an integral part of medical treatment, MED-1 physicians can also help the employer apply the information to available employment opportunities through review of job descriptions and transitional duty opportunities present within your workplace.

MED-1 physicians and physical therapists are available for job site tours to gain understanding of job requirements, risks, exposures, and to help determine transitional work strategies. We identify work restrictions so you can make informed decisions to identify appropriate job placement for your workers.

Case review is performed by the MED-1 Medical team regularly to insure the highest quality of medical care is provided for our patients and employer companies.

MED-1 physicians are specialists in occupational medicine and provide the highest quality medical care for on-the-job injuries and illnesses. Since 1986, MED-1 physician-based occupational practices have achieved remarkable success in West Michigan by applying our experience in treating on-the-job injuries and illnesses.

