



News You Can Use

Comprehensive Services

- ◆ 100% Physician Only Injury Care
- ◆ Job-Related Injuries & Illness
- ◆ Physical Examinations
- ◆ DOT Mandated Services
- ◆ Medical Review Officers
- ◆ OSHA & MIOSHA Examinations
- ◆ Drug & Alcohol Screening
- ◆ HazMat Examinations
- ◆ Physical Therapy
- ◆ Independent Medical Evaluation
- ◆ Hepatitis Immunizations
- ◆ Flu Vaccines
- ◆ Sports Medicine
- ◆ On-Site Services
- ◆ Laboratory Services
- ◆ Wellness Services

Tried and True—Celebrating 30 Years of Innovation

Three decades ago, MED-1 opened its first clinic and began providing quality occupational health care to hundreds of companies throughout West Michigan.

While the styles and trends changed, MED-1 built a growing business on a simple promise of — Personal Service and Professional Results.

Our physicians worked round-the-clock to provide quality medical care while we upgraded our customer service to reflect the latest technology. Today, our online reporting gives our doctors the tools to improve the efficiency and accuracy of communications regarding employee visits.

Reducing your company's healthcare-related costs with injury prevention programs is still our primary goal and we added innovative, industry-specific programs—such as a full line of DOT services—to meet the needs of our employer companies and control total case cost.

Over the course of the last 30 years, we have invested in health and wellness programs for our employer companies because prevention is the best cure. When injuries occur, effective treatment returns employees to work and care coordination offers the best results.

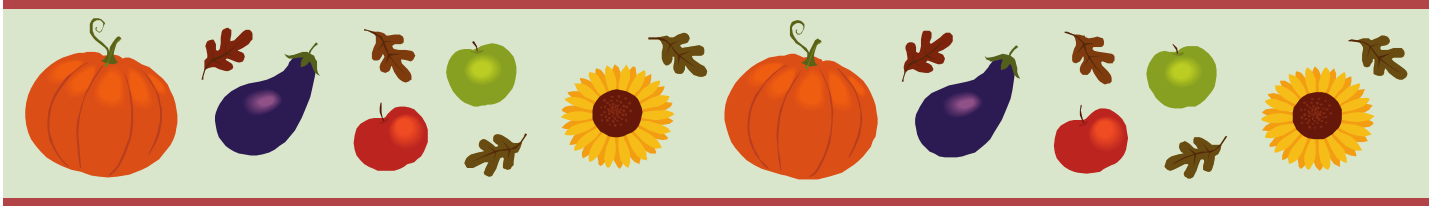
We can't predict what the next 30 years will bring, but we can promise our dedication to occupational medicine and serving organizations like yours with:

- ✓ 24/7/365 injury care at our Leonard clinic
- ✓ Superior, physician-based medical care
- ✓ Direct communication between employer and physician
- ✓ Total case cost control
- ✓ Online/email reporting
- ✓ Health and wellness programs

Do You Remember 1984?

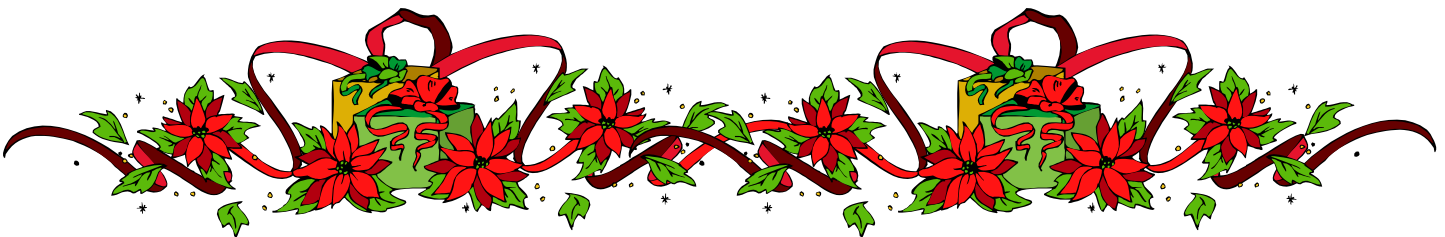
- ✓ *MED-1 opens first clinic in Grand Haven*
- ✓ *Magnum, P.I., Dynasty, Hill Street Blues, Cheers, and Jeopardy were top TV shows.*
- ✓ *Prince Harry was born.*
- ✓ *The Olympic games are held in Los Angeles.*
- ✓ *The AIDS virus was identified by a French immunologist.*
- ✓ *The first Apple Macintosh went on sale.*
- ✓ *The space shuttle Discovery made its maiden voyage.*
- ✓ *Genetic fingerprinting (DNA) profiling was developed.*
- ✓ *Huge shoulder pads and even bigger hair were in fashion.*
- ✓ *Ronald Reagan defeated Walter Mondale in the presidential election.*

Count on Us for Injury Care During the Holidays!



	Leonard	Breton	Holland
Thanksgiving Day Thursday, November 27	Injury Care and Drug Screens Only No Physicals or Rechecks	CLOSED	CLOSED
Friday, November 28	Normal Business Hours	Normal Business Hours	Normal Business Hours
Saturday, November 29	No Physicals or Rechecks Injury Care and Drug Screens Only	CLOSED	CLOSED
Christmas Eve Wednesday, December 24	Open 7a-1p After 1 P.M: Injury Care & Drug Screens Only	Open 7a-1p	Open 7a-1p
Christmas Day Thursday, December 25	Injury Care and Drug Screens Only No Physicals or Rechecks	CLOSED	CLOSED
Friday, December 26	Normal Business Hours	Normal Business Hours	Normal Business Hours
Saturday, December 27	Injury Care and Drug Screens Only No Physicals or Rechecks	CLOSED	CLOSED
New Year's Eve Wednesday, December 31	Open 7a-1p After 1 P.M: Injury Care & Drug Screens Only	Open 7a-1p	Open 7a-1p
New Year's Day Thursday, January 1, 2015	Injury Care and Drug Screens Only No Physicals or Rechecks	CLOSED	CLOSED
Friday, January 2, 2015	Normal Business Hours	Normal Business Hours	Normal Business Hours
Saturday, January 3, 2015	No Physicals or Rechecks Injury Care and Drug Screens Only	CLOSED	CLOSED

For more information or questions about our clinic holiday hours,
contact Mary Alice Ehrlich at (616) 459-1560.



Higher quality care means more value for your investment.



**Julienne Little, DO,
Medical Director**



Daniel Kreuzer, DO



Nicolas Pietrangelo, DO

Nearly every occupational healthcare provider can offer you the basic services, but MED-1 goes further to give you physician-based occupational healthcare. First time and every time!

MED-1 doctors provide **medical care** at each clinic, supported by a professional medical, nursing, and physical therapy staff with certifications in all areas of occupational medicine and healthcare. Our physicians are trained in occupational medicine to provide your employees with the superior medical care they deserve. Their experience and aggressive treatment plans include **objective referrals** to the areas' leading specialists so your employees return to work quickly and safely. MED-1 physicians are specialists in occupational medicine and provide the highest quality medical care for on-the-job injuries and illnesses.

Our MED-1 physicians are available for all **communication** to the employer regarding:

- ✓ Injury Care
- ✓ Screening and Surveillance
- ✓ OSHA & DOT Mandated Testing
- ✓ Individualized Physical Therapy
- ✓ Job Site Analysis and Coaching
- ✓ Education and Training
- ✓ Corporate Medical Services
- ✓ Case Management

The availability of a MED-1 physician on a **24/7/365** schedule for injury and illness care provides each injured or ill worker the security of knowing their employer cares enough to provide around-the-clock care, regardless of the severity of the incident. And, employers count on MED-1 physicians to assess, document, and communicate each injured employee's restrictions to you and any other designated parties with each patient visit.

MED-1's **case management** services include coordinating your total health care services to achieve optimal, quality care delivered in a cost-effective manner.

As an integral part of medical treatment, MED-1 physicians can also help you apply employee medical information to **workers' compensation** issues, as well as return-to-work and transitional duty opportunities present within your workplace. Our physicians are even available for **job site tours** to gain understanding of job requirements, risks, and exposures to help you make informed decisions for your workers.

You can also include a MED-1 physician as part of your **corporate medical team** on-site, at your facility, from a few hours a week to full-time depending on your occupational health needs.

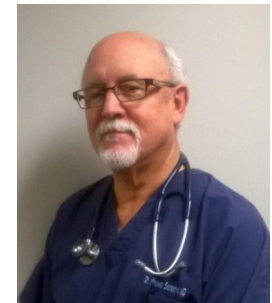
For more information on our physician care or any of our team members, contact Mary Alice Ehrlich at 616.459.1560 or maehrlich@med1services.com



Duane Wisk, DO



Ronald Stratton, DO



Steven Scranton, MD



Jerry O'Brien, DO

Richard Kramp, MD



Occupational Health System

MED-1 Leonard
1140 Monroe Ave NW, Suite 150
Grand Rapids, MI 49503
Phone: 616.459.6331
Fax: 616.459.2569
24/7/365 Injury Care & Drug Screens
Physicals: M-F 7 am-7 pm, Sat 9 am-Noon
Rechecks by Appointment

MED-1 Breton
4433 Breton Avenue SE
Kentwood, MI 49508
Phone: 616.281.6000
Fax: 616.281.6038
Services: M-F 7 am-6 pm
Physicals: M-F 7 am-5:30 pm
Rechecks by Appointment

MED-1 Holland
383 Garden Ave.
Holland, MI 49424
Phone: 616.494.8271
Fax: 616.494.8273
Services: M-F 7am-6 pm
Physicals: M-F 7 am-5:30 pm
Rechecks by Appointment

www.med1services.com

News You Can Use is a regular publication provided by MED-1 Occupational Health System and is designed to provide information on occupational health issues.

For more information on any topics presented, contact:

Mary Alice Ehrlich
616.459.1560
maehrlich@med1services.com

Or visit us on the web at:
www.med1services.com

MED-1 Welcomes New Team Members

Christopher H. Ehrlich joined MED-1 last month and will focus on business development and sales.

His extensive background in customer service will be put to good use in working with our employer companies to ensure the right balance of services. Christopher will also assist with events and other marketing activities.

If you have questions or would like to discuss MED-1 services, please contact Christopher at 616.402.4884 or cchrlich@med1services.com.

Jerry V. O'Brien, DO joined our physician team. He is a Michigan State University undergraduate and completed his medical degree at Kirksville College of Osteopathic Medicine in Missouri.

Dr. O'Brien has spent a significant portion of his career in occupational medicine and family practice.

Dr. O'Brien will spend time in each of the MED-1 clinics and on-site at selected employer companies.

Welcome Dr. O'Brien!

If the quality of your occupational health care isn't measuring up? *It's time to call MED-1*

Services

- ✓ 24/7 injury care
- ✓ Drug screens
- ✓ Breath alcohol testing
- ✓ Pre-employment exams
- ✓ Audio testing
- ✓ DOT and OSHA tests
- ✓ Fit for duty exams
- ✓ Wellness services
- ✓ On-site physical therapy
- ✓ MRO services

Features

- ✓ Physician-only injury care
- ✓ Direct communication with physicians on all injuries
- ✓ Bilingual staff
- ✓ Workers' Comp billing
- ✓ Electronic reporting
 - ⇒ Visit summaries
 - ⇒ Physician report
 - ⇒ Drug screen results
- ✓ 24/7/365 clinic hours

*From each of us to each of you...
with every good wish for Happy Holidays
and a safe New Year.*